



Ms. Mary Jo's Classroom News Letter

Issue 1

September 2010

Olmsted Early Education Program

WELCOME TO PRESCHOOL !

Staff in Room 103
Teacher: Ms. Mary Jo
Assistant: Ms. Emily
1:1 Aide: Mr. Bob
1:1 Aide: Miss Shannon

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The staff in Room 103 would like to "welcome" all new students and parents as well as book time, returning students and parents to our room! We look forward to a new school year

with our "PALS" friends filled with play, friends, learning and special fun activities! We will continue with our daily schedule which includes free play, snack, book time, circle time activities, music,

story time, crafts, ABC yoga, gym, play-ground fun, lunch and quiet time. Your child will have a full day to play, learn and grow!



REMINDERS:
September:
7th Staff Day
8th Student's 1st day
22nd Scholastic book orders DUE!!
\$5.00 CASH for Clifford magazine DUE!

Classroom Information ?

It is important to keep the lines of communication open between home and school. I will do my best to keep you up

to date with school and classroom news. You will be receiving a weekly calendar, monthly newsletter and any other health or activity notices throughout the school year.



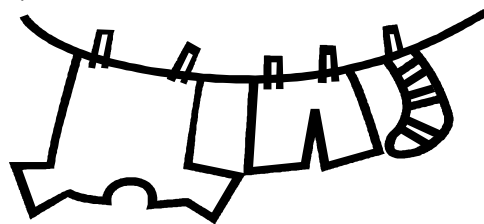
Dress for the Season

Thank you parents for sending in a lighter change of clothes for your child to keep here at school for the end of summer, beginning of fall. Also keep in mind we will be taking neighborhood walks and going out on the playground, so if you do not want "muddy"

sneakers, please send in rain boots or a spare pair of sneakers as well.

Unfortunately, we experience an increase of potty accidents when we start to go outside because the children do not want to interrupt their outside play to use the

bathroom. Also, if you have not already done so send in a labeled bottle of sunscreen for your child to keep in school throughout the school year.



LET'S CELEBRATE !

HAPPY BIRTHDAY!



Madilyn 9-10-2007

Ms. Emily 9-18

Keeping Your Child Healthy

We have a long flu season ahead of us! Please watch your child carefully for symptoms of illness!

Simple rules of thumb that we follow are:

- wash our hands often
- use hand sanitizer between hand washing
- disinfect our toys regularly
- teach kids to sneeze into their elbow sleeve
- offer healthy snacks and drinks with vitamin C

Health (con't)

Please help us by keeping your child home if they experience a fever (100 degrees or higher), productive cough, vomiting or diarrhea within the last 24 hours !

Thank you for your understanding and cooperation,

we want to provide a healthy safe environment for every child. Some of our children have compromised immune systems and other health problems so we must practice caution during these peak months.



Ideas for Activities at Home

- | | | |
|---|--|---|
| <ul style="list-style-type: none"> • Look for red foods or labels at the grocery store. • Find something red in each room of the house. | <ul style="list-style-type: none"> • Look for and count school buses in your neighborhood • Walk on the lines on the sidewalk • Name body parts | <ul style="list-style-type: none"> • Look at a magazine, pick out happy faces • Read a picture book together • Look through family photo album |
|---|--|---|

Community Events

Movie: "The Zookeeper"

When: October 9, 2010

**Place: AMC Theaters
Maple Ridge**

Time: 10:00 a.m.

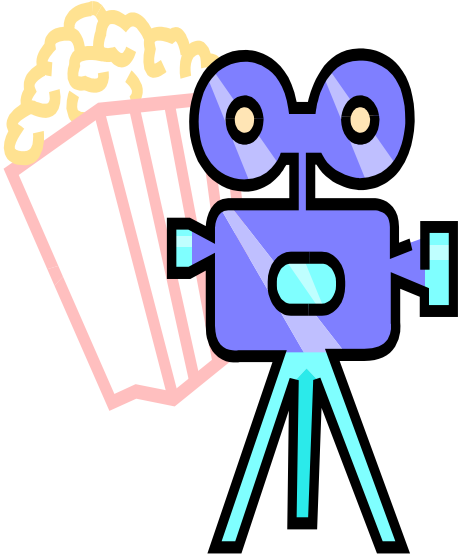
Cost: \$4.00-\$6.00

Monthly "**Sensory Friendly Movies**" now showing at the AMC theaters! AMC theaters teamed up the Autism Society to provide movies once a month in a safe and accepting environ-

ment to families with individuals with disabilities. They will turn the lights up and turn the sound down, there will be no previews or advertisements, you can move around, dance in the isles,

Community (con't)

sing or shout! Families can bring in their own "gluten-free" and "casein-free" snacks. Whether movies have been a challenge or if it is a new experience for your little one, this may be a nice alternative to enjoy a movie. Have Fun!



Scholastic book club forms will be coming home monthly. It is a nice way to build up a few favorite books for you child at home at discounted prices. Even if they have one favorite book they like you to read to them that is wonderful time spent one on one with your child! Reading is the extra bonus! So please *read, read, read!!*



See you in October!