



# Ms. Mary Jo's Classroom News Letter

Issue 4

March 2010



## Olmsted Early Education Program

### Hello March Madness!

Ms. Mary Jo  
Ms. Emily  
Mr. Bob  
Miss Shannon  
Mr. Ben

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#### Special points of interest:

NO SCHOOL!

March 30th-  
Staff Day!

March is upon us and hopefully will bring us more predictable weather! We will talk about March "marching in like a Lion and going out like a Lamb" and just what that means for our changing

weather and change of seasons. Our themes during the month of March will be "Green", healthy nutritional foods, lions, lambs, Spring, and rhythm with in-

struments! We will continue with circle time activities which include ABC's, numbers, colors, shapes, calendar, weather, poetry and story time.



### Welcome to Room 103!

All of the staff and children in Room 103, would like to extend a warm welcome

to our new students! We have received three wonderful new additions to our

room, Jason, Jenny and Joshua!



## What's My Name?

Since we have added new friends to our room in the middle of the year, it is important to learn each others names and for the kids to be aware of their own name and be able to identify their name. We are going to focus even more on identifying names, spelling names,

identifying gender, answering the question "how old are you?"

Tracing names will be worked on individually one on one. If your child has mastered these concepts, a more challenging task will be introduced to them as needed. Any re-

inforcement of these concepts in a fun manner at home will help your child. Please **do not** "drill" them, make it fun! Once the fun is taken out of the activity, it becomes **WORK** and kids will shy away from the task.

## March Birthdays!

**Marissa 3-02**

**Mr. Ben 3-29**

**Ms. Mary Jo 3-31**



## Keeping Your Child Healthy

We are trying very hard here at school to do our part with keeping your child and the adults that work with them healthy this cold and flu season!

Simple rules of thumb that we follow are:

- wash our hands often
- use hand sanitizer between hand washing
- disinfect our toys

regularly

- teach kids to sneeze into their elbow sleeve
- offer healthy snacks and drinks with vitamin C

## Health (con't)

Please help us by keeping your child home if they experience a fever (100 degrees or higher), productive cough, vomiting or diarrhea within the last 24 hours! Thank you for your understanding and cooperation, we

want to provide a healthy safe environment for every child. Some of our children have compromised immune systems and other health problems so we must practice caution during these peak months.



## Ideas for Activities at Home

- Look for **green** food at the grocery store.
- Find something **green** in each room of the house.
- Fold square washcloths

- Practice rote activities- counting, days of the week, ABC's
- Make a **clover** shaped sandwich using a cookie cutter.

- Count all the **green plants** in the house.



## Community Events

### **\*NOW SHOWING\***

**When: March 20, 2010**

**Place: AMC Theaters  
Maple Ridge**

**Time: 10:00 a.m.**

**Movie: "Diary of a  
Wimpy Kid"**

**Cost: \$4.00-\$6.00**

Monthly "**Sensory Friendly Movies**" now showing at the AMC theaters! AMC theaters teamed up the Autism Society to provide movies once a month in a safe and accepting environ-

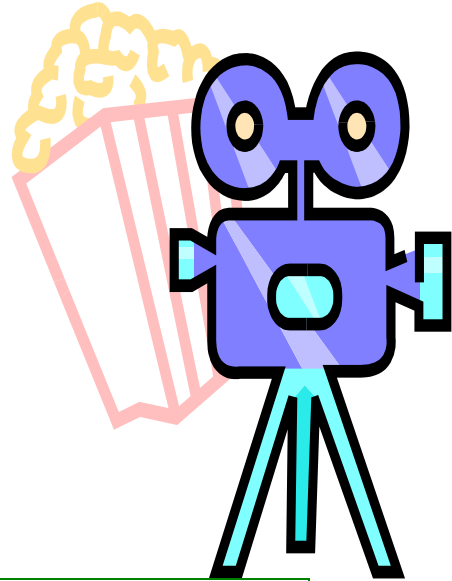
ment to families with individuals with disabilities. They will turn the lights up and turn the sound down, there will be no previews or advertisements, you can move around, dance in the isles,

## Community (con't)

sing or shout! Families can bring in their own "gluten-free" and "casein-free" snacks.

Whether movies have been a challenge or if it is a

new experience for your little one, this may be a nice alternative to enjoy a movie experience. Let me know if you try it! Have fun!



**See You Next Month!**

## In Like a Lion, Out Like a Lamb

