



# Ms. Mary Jo's Classroom News Letter

Issue 8

July/August 2010

Ms. Mary Jo  
Ms. Emily  
Mr. Bob  
Miss Shannon  
Mr. Ben

## Inside this issue:

July/August	1
Reminders	1
Birthdays	2
Health	2-3
Home Ideas & Community	3-4

## Olmsted Early Education Program

### July and August Summer Session

Welcome to Olmsted Early Education Program's Summer Session in Room 103! Our themes during the months of July and August will be fun and outdoor based as much as possible. We will

continue to reinforce pre-academic concepts by reviewing numbers, letters, shapes, colors, identifying and spelling our names, calendar activities, facilitate age appropriate peer interaction, along

with appropriate self-help skills. We will continue with fun colorful craft activities to coordinate with our themes.



## REMINDERS:

- [Summer Session runs from Monday July 12 thru Friday August 20th!](#)
- [Friday Aug. 20, 2010 GRADUATION DAY!](#)  
[Details to follow soon!](#)

### Summer Outdoor Fun

We will enjoy each summer day the best we can. Your child will have play time,

snack time, craft time and even story time outdoors. We take advantage of

fresh air, water table activities as well as sprinkler fun!



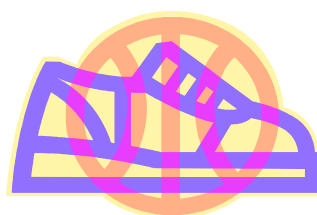
## Dress for Summer Weather

Thank you to our parents for sending in a lighter change of summer clothes for your child to keep here at school. Also keep in mind we will be taking neighborhood walks and going out on the playground daily, sneakers should be worn daily! If you do not want

"dirty" sneakers, please send in spare pair of sneakers to keep here as well.

Unfortunately we do experience an increase of potty accidents when we start to go outside because the children do not want to interrupt their

outside play to use the bathroom. So extra clothes are necessary! Thank you for sending in your child's own sun-screen, we will reapply after 11:00 a.m. if we go out



after that time.

## July/August Birthdays



Happy Birthday to anyone celebrating a special day in July or August!

## Keeping Your Child Healthy

We have made it through flu season! Please continue you watch your child for summer cold symptoms!

Simple rules of thumb

that we follow are:

- wash our hands often
- use hand sanitizer between hand washing
- disinfect our toys

regularly

- teach kids to sneeze into their elbow sleeve
- offer healthy snacks and drinks with vitamin C

## Health (con't)

Please help us by keeping your child home if they experience a fever (100 degrees or higher), productive cough, vomiting or diarrhea within the last 24 hours! Thank you for your understanding and cooperation, we

want to provide a healthy safe environment for every child. Some of our children have compromised immune systems and other health problems so we must practice caution during school months.



## Ideas for Activities at Home

- |   |  |   |
|---|--|---|
| <ul style="list-style-type: none"> <li>• Look for a <b>rainbow</b> of colors on food items or labels at the grocery store.</li> <li>• Find something <b>orange</b> in each room of the</li> </ul> | <p>house.</p> <ul style="list-style-type: none"> <li>• Make a <b>yellow</b> jell-o and eat it for a snack</li> <li>• Practice swimming, backyard water fun with</li> </ul> | <ul style="list-style-type: none"> <li>• old spoons, cups, funnel and basters, etc.</li> <li>• Count all the windows in your house</li> <li>• Play running game near and far</li> </ul> |
|---|--|---|

## Community Events

Movie: TBD (check w/ theater)

When: July/Aug. 2010

Place: AMC Theaters Maple Ridge

Time: 10:00 a.m.

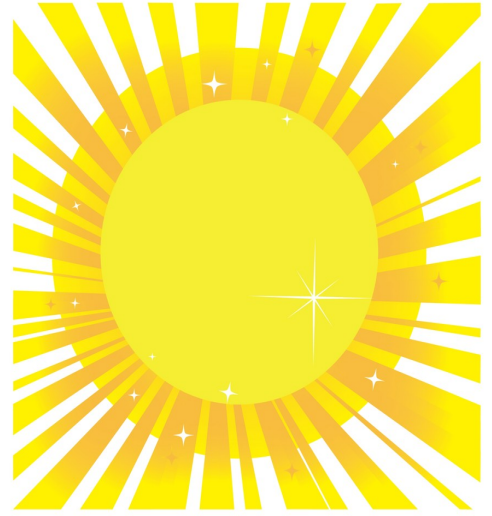
Cost: \$4.00-\$6.00

Monthly "**Sensory Friendly Movies**" now showing at the AMC theaters! AMC theaters teamed up the Autism Society to provide movies once a month in a safe and accepting environ-

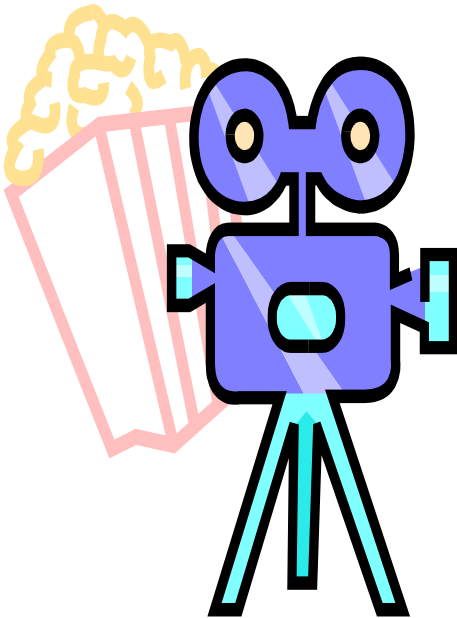
ment to families with individuals with disabilities. They will turn the lights up and turn the sound down, there will be no previews or advertisements, you can move around, dance in the isles,

## Community (con't)

Families can bring in their own "gluten-free" and "casein-free" snacks. Whether movies have been a challenge or if it is a new experience for your little one, this may be a nice alternative to enjoy a movie. Have Fun!



Buffalo has many family events and festivals to enjoy throughout July/August, too many to list. Please take advantage of these local events to enhance your child's social exposure and choose one that will best serve your child's needs. Enjoy and tell us about your experiences!



**SEE  
YOU  
IN  
SEPTEMBER!**