



Ms. Mary Jo's Classroom News Letter ROOM 103

Issue 4

December 2011

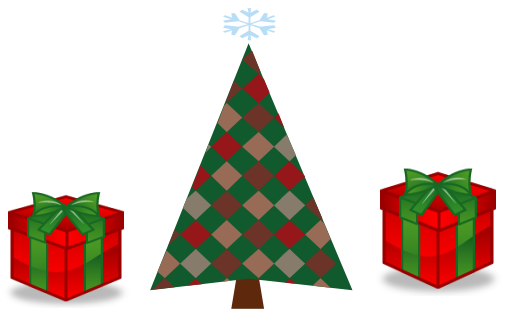
Olmsted Early Education Program

Holiday Season

December is a very busy and fast month at our preschool! We are in full swing for holiday season preparation in Room 103! We want to wish our "PALS" friends a very **Happy Hanukkah** Season! We will also do our own Christmas celebrating!

We will be incorporating our color "**green**" and shape of the month, a **triangle** into our holiday crafts and themes of **Hanukkah**, **Christmas** and **Kwanza**. Family, friends, playing, giving, sharing and memories are all part of the early learning and development

of a young child's social skills. Our daily routine is so important for our little ones as well, so we will continue with our daily schedule which includes our PALS friends in free play, snack, quiet book time, circle time activities, music, movement, story time, crafts, ABC yoga, gym play, riding bikes, lunch and quiet rest time.



December Break!

Well, it is hard to believe we are entering into the month of December! We all seem to be use to our daily routines, classroom rules, potty routines and now familiar with new adults and new little friends that



have enter our lives! January will present some new challenges for your little one to enjoy at school! We will be focusing more closely on pre-academic skills now that we have worked on the importance of social skills. Try to reinforce at home during any breaks!

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REMINDERS:
December:
12/23-12/30
NO SCHOOL
SCHOOL RESUMES
1/2/2012

Clothes and Blankets

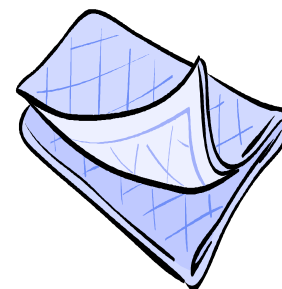
Thank you for keeping up with a change of clothes for your child to keep here at school for the current season. Also keep in mind throughout the winter, we will try to go outside, weather permitting. We will let you know ahead of time when we need boots and snow pants.

If your child has a spill or potty accident during school

and we need to use their spare set of clothes, please remember to wash and replace their extra set of clothes for school. Thank you for your cooperation with this matter. We want your child to be as comfortable as possible throughout their school day!

Thank you for keeping

up with washing your child's rest blankets and sending them back!



LET'S CELEBRATE !

**HAPPY
BIRTHDAY!**



**Best Wishes
to Everyone
Celebrating a
December birthday!**

Keeping Your Child Healthy

We have a long flu and cold season ahead of us! Please watch your child carefully for symptoms of illness!

Simple rules of thumb that we follow are:

- wash our hands often
- use hand sanitizer between hand washing
- disinfect our toys regularly
- teach kids to sneeze into their elbow sleeve
- offer healthy snacks and drinks with vitamin C
- Plenty of fluids, plenty of rest

Health (con't)

Please help us by keeping your child home if they experience a fever (100 degrees or higher), productive cough, vomiting or diarrhea within the last 24 hours!

Thank you for your understanding and coopera-

tion, we want to provide a healthy safe environment for every child. Some of our children have compromised immune systems and other health problems so we must practice caution during these peak months.



Ideas for Activities at Home

- Look for red, orange, brown or green foods or labels at the grocery store.
- Find something red, orange, brown or green in each room of the house.
- Help decorate for the holidays, what shapes do you see?
- Sort toys by size large, medium and small.
- Read holiday stories
- Play with shaving cream in the bathtub
- Help w/ holiday baking
- Make "GREEN" jell-o
- Cut sandwich into 4 triangles

Sensory Movie Info

Movie: "The Muppets"

When: December 3, 2011

Place: AMC Theaters Maple Ridge

Time: 10:00 a.m.

Cost: \$4.50-\$6.00

Monthly "Sensory Friendly

Movies" now showing at the AMC theaters! AMC theaters teamed up the Autism Society to provide movies once a month in a safe and accepting environment to families with individuals with disabili-

ties. They will turn the lights up and turn the sound down, there will be no previews or advertisements, you can move around, dance in the isles, sing or shout! Families can bring in your own

Movie, Books and Baby!

"gluten-free" and "casein-free" snacks.

Whether movies have been a challenge or if it is a new experience for your little one, this may be a nice alternative to enjoying a movie. Have Fun!



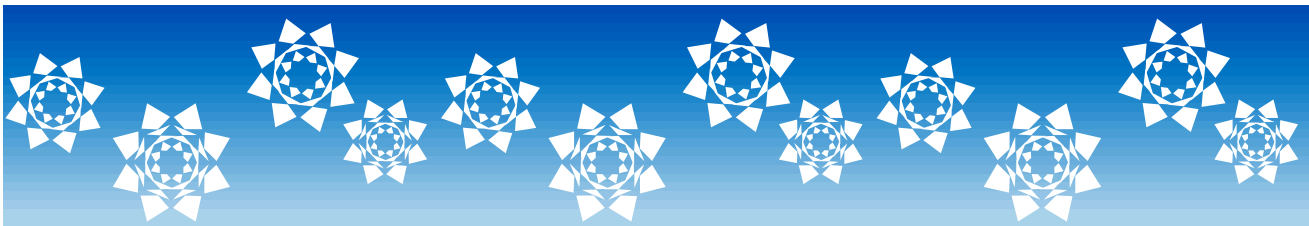
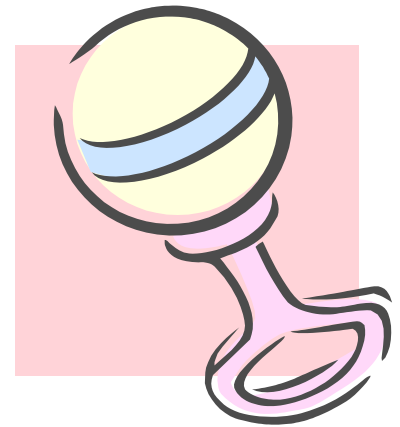
Scholastic book club

forms will be coming home monthly. It is a nice way to build up a few favorite books for your child at home or to give for a birthday gift as well as a holiday or birthday gift at great prices. Even if there is one favorite book they like you to read to them that is wonderful time spent one on one with your child! So please *read, read, read!!*



CONGRATULATIONS

to our Occupational Therapist Mary Anne and her husband Matt! They are expecting their first child in April!



See you in January!