



# Ms. Mary Jo's Classroom News Letter

Issue 5

April 2010



Olmsted Early Education Program

## April Showers!

Ms. Mary Jo  
Ms. Emily  
Mr. Bob  
Miss Shannon  
Mr. Ben

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### Special points of interest:

#### NO SCHOOL!

April 2nd, April 5th and Spring Break from April 19-23rd!  
School resumes on Monday April 22nd!

April's here...Welcome Spring!! Our themes during the month of April will be the changing weather, changing landscape as we ease into Spring and our color of the month is sunny

"Yellow", Our shape is an "oval"! We will continue with circle time activities which include identifying names, ABC's, numbers, colors, shapes, calendar, weather, poetry and story

time. We will do some Easter activities and we have been invited to a "Passover celebration with our "PALS" friends.



## Spring Break!

We will be enjoying several days off during the month of April! Make the most

of your time with your child and help them retain some of the pre-

academic skills they have learned thus far! Make it fun for them!

## Dress for Spring

We will be asking parents to send in lighter set of clothes to keep here at school for spring. Also keep in mind we will be taking neighborhood walks and going out on the playground, so if you do not want "muddy" sneakers, please send in rain boots or a spare pair

of sneakers.

Keep a healthy supply of wipes and pull ups on hand here as well. We notice an increase of potty accidents when we start to go outside because the children do not want to interrupt their outside play to use the bathroom.



## April Birthdays



Andrew 4-3

Joshua 4-26

Jason 4-28

## Keeping Your Child Healthy

We have almost made it through flu season! Please continue you watch your child for symptoms! Simple rules of thumb that we follow are:

- wash our hands often
- use hand sanitizer between hand washing
- disinfect our toys regularly
- teach kids to sneeze into their elbow sleeve
- offer healthy snacks and drinks with vitamin C

## Health (con't)

Please help us by keeping your child home if they experience a fever (100 degrees or higher), productive cough, vomiting or diarrhea within the last 24 hours! Thank you for your understanding and cooperation, we

want to provide a healthy safe environment for every child. Some of our children have compromised immune systems and other health problems so we must practice caution during these peak months.



## Ideas for Activities at Home

- |                                                                                                                                                                                                               |                                                                                                                                                                    |                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Look for <b>yellow</b> food at the grocery store.</li> <li>• Find something <b>yellow</b> in each room of the house.</li> <li>• Make a <b>oval</b> shaped</li> </ul> | <ul style="list-style-type: none"> <li>• sandwich using a cookie cutter.</li> <li>• Color Easter eggs then identify each color.</li> <li>• Spring walks</li> </ul> | <ul style="list-style-type: none"> <li>• Spring planting</li> <li>• Blow bubbles outside</li> <li>• Fly a kite outside</li> <li>• Set the table, count each set of objects</li> </ul> |
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## Community Events

Movie: "How to Train Your Dragon"

When: April 10, 2010

Place: AMC Theaters Maple Ridge

Time: 10:00 a.m.

Cost: \$4.00-\$6.00

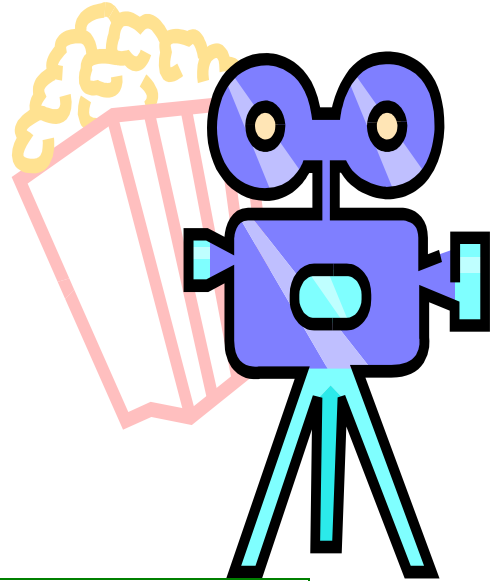
Monthly "Sensory Friendly Movies" now showing at the AMC theaters! AMC theaters teamed up the Autism Society to provide movies once a month in a safe and accepting environ-

ment to families with individuals with disabilities. They will turn the lights up and turn the sound down, there will be no previews or advertisements, you can move around, dance in the isles,

## Community (con't)

sing or shout! Families can bring in their own "gluten-free" and "casein-free" snacks. Whether movies have been a challenge or if it is a

new experience for your little one, this may be a nice alternative to enjoy a movie experience. Let me know if you try it! Have fun!



**See You Next Month!**